

## Ultramarathoner, 63, to run 320km across England to raise funds for hospice care



Ultramarathoner Lim Nghee Huat will take part in the Ultra Great Britain Run to raise funds for HCA Hospice Care. PHOTO: ST FILE

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SINGAPORE - Ultramarathoner Lim Nghee Huat is to run 320km across England to raise funds for hospice patients.

The 63-year-old media producer will take part in the Ultra Great Britain Run from Aug 20 to Aug 24 to raise funds for HCA Hospice Care, which supports patients with life-limiting illnesses.

Mr Lim has raised more than \$150,000 so far during a fund-raising dinner at Raffles Town Club last Friday (July 15).

HCA originally approached Mr Lim last year to do a run for them, but he had to decline because he was already attempting a 2,500km run in 50 days to celebrate SG50.

This time, he will be taking part in a British ultramarathon that will follow the coast-to-coast Trans-Pennine Trail from Liverpool in the north-west of England to Hornsea in the east. He must finish the trail within 100 hours, or four days.

Mr Lim said: "I believe HCA Hospice Care is doing a good job as a charity organisation, helping patients in their last stage of life."

In a statement, HCA said it was honoured to have Mr Lim run in its name. "Our patients go through a journey well depicted by a marathon - physical pain, sometimes, with mental and emotional pain too.

"We want our patients to know that they are not alone in this journey and we look forward to add life to their days and not days to life."

Donations can be made at [www.giving.sg/hca-hospice-care/going\\_the\\_extra\\_mile](http://www.giving.sg/hca-hospice-care/going_the_extra_mile).