
Ultramarathoner to raise charity funds

Olivia Ho

Ultramarathoner Lim Nghee Huat, who ran 2,500km in 50 days to mark SG50 last year, is back to pounding the track again. This time, the 63-year-old media producer will run 320km across England in the name of hospice patients.

He will take part in the Ultra Great Britain Run from Aug 20 to 24 to raise funds for HCA Hospice Care, Singapore's largest home hospice provider.

Mr Lim has raised more than \$150,000 so far from a fundraising dinner at Raffles Town Club last Friday.

HCA provides medical care for more than 3,500 terminally ill patients a year, as well as psychosocial support for both patients and caregivers. It had originally approached Mr Lim last year, but he had to decline as he was already attempting his SG50 feat.

The British ultramarathon will see him following the coast-to-coast Trans-Pennine Trail from Liverpool in north-west England to Hornsea in the east. He must finish the trail within 100 hours, or four days.

Mr Lim said: "I do not run just for funds, I also want to create greater awareness among people about the work HCA does and the people who are in need."

Earlier this year, he and fellow SG50 ultramarathoner Yong Yuen Cheng were nominated for the inaugural Straits Times Singaporean of the Year award, which seeks to recognise extraordinary Singaporeans.

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- Donations can be made at www.giving.sg/hca-hospice-care/going_the_extra_mile



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