

Kang Le – HCA's Spanking New Day Hospice

By Community Relations Team
HCA Hospice Care

Flashback – on 4 December 1995, our first and well-loved day hospice centre at Jalan Tan Tock Seng began operations.

Fast forward – on 28 April 2014, almost 19 years later, our second day hospice centre, HCA-Kang Le Day Care Centre, opened its doors to its very first patients in Block 2, Marsiling Drive, #01-21. The centre caters to patients living in Singapore's northern and western regions.

"There's definitely a strong need for a day hospice in the location," HCA Hospice Care Chief Operating Officer, Elizabeth Koh, said. "We have so many patients who reside in those areas."

Until the opening of HCA-Kang Le Day Care Centre, our first Day Hospice Centre at HCA's headquarters used to serve patients from all over Singapore: Staff members would drive out in passenger vans in the morning to patients' homes across the island to transport them safely to the centre, and drive them home in the evening.

The daily commute imposed a strain not only on our staff, but also on patients. The long travel duration particularly for patients residing in the north and the west of Singapore also proved a major dampener on patients' enthusiasm for visiting the Day Hospice Centre.

HCA aims to resolve these problems through the Kang Le Day Care Centre. The new centre has not only shortened the travel time for patients in the areas it services, but also made operations at the Jalan Tan Tock Seng day hospice much more efficient.

Kang Le will help to support the expected increase in the demand for day hospice care in Singapore in coming years. Based on our research, 25-30 patients will continue to be at the Jalan Tan Tock Seng facility each day. We expect 15-20 patients a day at Kang Le

About HCA Hospice Care

Established in 1989, HCA Hospice Care is Singapore's largest home hospice provider. It also offers a day hospice programme for mobile patients who do not require round-the-clock nursing care. It has a multidisciplinary teams of doctors, nurses, medical social workers and counsellors. Apart from its main facilities at Jalan Tan Tock Seng, HCA Hospice Care operates a day hospice centre and four satellite centres in other parts of Singapore. The satellite centres act as administrative centres and contain a home care showroom.

for the next several years. Five staff members currently tend to those at Kang Le compared to eight staff at Jalan Tan Tock Seng.

Operationally, Kang Le runs just like at Jalan Tan Tock Seng. Patients are referred to it by HCA nurses, doctors, and medical social workers. They are kept engaged at the centre with activities as diverse as art and craft, mahjong, karaoke, light exercises and physiotherapy. Patients enjoy the social support of the staff, volunteers, and other patients in similar situations. Volunteer and student visits and performances are regularly scheduled, as are outings to various attractions across Singapore.

The name Kang Le is derived from the Chinese characters 康乐 which mean 'healthy' and 'happy'. It portrays our mission to keep patients with life-limiting and life-threatening illnesses as emotionally, mentally, socially and physically healthy and happy as they can be.

Our day hospice centres serve ambulatory patients. Feel free to contact us at communications@hcahospicecare.org.sg should you have any queries about admission or voluntary work. ❤️



Kang Le Day Care Centre
日间护理中心

Join us at the official opening of HCA-Kang Le Day Care Centre!

Date : 25 October 2014

Time : 10.00am – 12.30pm

Venue: Blk 2, Marsiling Drive, #02-21, S(730002)